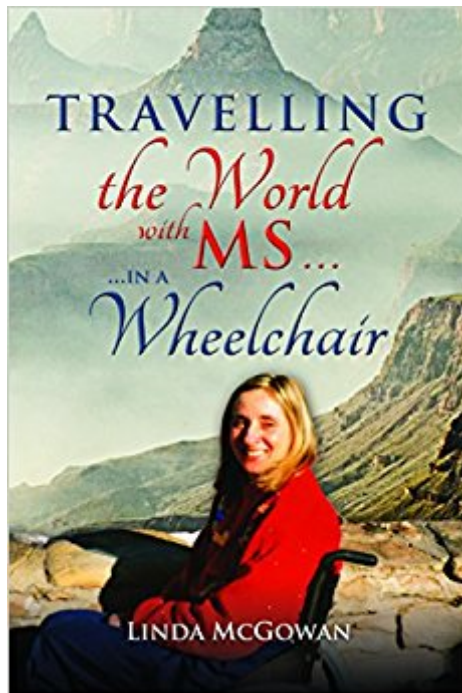




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Travelling The World With MS...: ...in A Wheelchair



Synopsis

Since her diagnosis with Multiple Sclerosis in 1983, Linda McGowan has tenaciously pursued her dream of travelling the globe. From viewing the top of the world from a basket on the back of a porter at the Annapurna base camp in Nepal, to hob-knobbing with emperor penguins at the end of the world on the Falkland Islands, Linda describes in vivid detail her exploits and colourful encounters while travelling through vastly different countries. Using creativity, patience and an open-mind, Linda shows how she conquered unique challenges and enjoyed a plethora of wondrous sights, people, foods and experiences, all from the apparent vulnerability of her wheelchair.

Book Information

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Customer Reviews

"Linda's story debunks an important societal myth -- that life ends with disability. Linda not only lives with progressive multiple sclerosis, but thrives with it as a world traveller, disability activist, and superb raconteur." (Tiffany Regaudie Senior Coordinator, Communications, MS Society of Canada)

Born in Montreal, Linda McGowan is a graduate of the Montreal General Hospital School of Nursing. She holds a Bachelors of Science in Nursing (BScN) and a Masters of Business Administration (MBA), and has worked in community health for over 40 years. She was also a marathon runner, completing her last marathon a few months before being diagnosed with MS (Multiple Sclerosis).

Since 1989, she has travelled in a wheelchair to more than 100 countries, touching every continent. Linda is an accessibility advocate, a motivational speaker and a writer who encourages all to embrace their dreams.

Working in community health when she was diagnosed with MS in 1983, home care nurse Linda McGowan realized, “I only had two choices. One was to sit at home, moan, groan, and complain that life was not fair. The second option was to take the skills and strengths that I had and do the best that I could with them” (Travelling the World with MS in a Wheelchair, page 7). She purchased a wheelchair and set out to travel the Great Wall of China to fulfill a life-long ambition, disability or not, the beginning of many such adventures. I am full of admiration.

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